

# Welcome!

Kentucky Diabetes Network Annual Meeting  
March 7, 2025

Innovative Strategies for Diabetes Management:  
Nutrition, Exercise, and Meal Delivery



1



*Welcome!*  
*Andrea*  
*Doughty,*  
*President*



2

**sanofi**

*Thank you to  
our Platinum  
Sponsor 2025*



3

## **Speaker Panel Discussion**

**When it Isn't Physical Hunger - Margie Odum**

**Delivering Wellness: Health Outcomes of Meal Services - Whitney Allen**

**Empower Your Health: Movement for Diabetes Management - Terry Gehrke**



4

# Kentucky Diabetes Network 4 C's

**Communicate**

- Best practices
- Latest diabetes information

**Coordinate**

- Networking opportunities

**Collaborate**

- Healthcare teams
- Employers
- People with diabetes
- Public and private health plans
- Community coalitions

**Connect**

- Diabetes improvement tools
- Diabetes resources



33

**Kentucky Diabetes Network  
Profit & Loss  
February 1 - 26, 2025**

	Feb 1 - 26, 25	Jan 1 - Feb 26, 25
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
Donations	25.00	25.00
<b>Total Income</b>	25.00	25.00
<b>Expense</b>		
Bookkeeping	0.00	303.75
Fees & Charges		
Fees & Permits	15.00	15.00
<b>Total Fees &amp; Charges</b>	15.00	15.00
Meeting Expense	63.07	131.43
Storage	49.00	98.00
<b>Total Expense</b>	127.07	548.18
<b>Net Ordinary Income</b>	-102.07	-523.18
<b>Net Income</b>	-102.07	-523.18

## Treasurer's Report - Profit & Loss



34


Kentucky Diabetes Network Balance Sheet As of February 26, 2025		Feb 26, 25
<b>ASSETS</b>		
Current Assets		
Checking/Savings		
CHASE BANK		
BUSINESS CLASSIC XX7915	47,539.90	
Total CHASE BANK	47,539.90	
Total Checking/Savings	47,539.90	
Total Current Assets	47,539.90	
<b>TOTAL ASSETS</b>	<b>47,539.90</b>	
<b>LIABILITIES &amp; EQUITY</b>		
Liabilities		
Current Liabilities		
Credit Cards		
Chase Credit Card	64.00	
Total Credit Cards	64.00	
Total Current Liabilities	64.00	
Total Liabilities	64.00	
Equity		
Opening Balance Equity	89,422.50	
Retained Earnings	-41,423.42	
Net Income	-523.18	
Total Equity	47,475.90	
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>47,539.90</b>	

# Treasurer's Report - Balance Sheet




35

## KDN Coordination



**KDPKP Update**

- 2025 Kentucky Diabetes Report is being released.
- Ky Diabetes Collaborative- implementing the State Diabetes Strategic Plan 2024-2028
- Diabetes Management/Diabetes Prevention
  - DSMES and DPP Offerings/Maps: <https://chfs.ky.gov/agencies/dph/dpqi/cdpb/Pages/diabetes.aspx>
- Appalshop Media
  - Looking for people with diabetes in Kentucky and/or Appalachia that would be willing to do an interview with Appalshop.
- Diabetes Alert Day- March 25



**KDN**  
KENTUCKY DIABETES NETWORK  
www.kydiabetes.net

36

## KY Coordinating Body

- Actively seeking leadership positions for the 2026 year (consider volunteering)
- Connect with your Local Networking Group. Need volunteers for Bluegrass (Lexington area) Contact [kellyr.dawes@ky.gov](mailto:kellyr.dawes@ky.gov)
- Register for recorded webinar: 2025 ADA Standards of Care in Diabetes. March 18th 5:00 pm- 7:00 pm EST. Free 1.5 CEU's
- All event information on ADCES Connect or contact Kelly at [kellyr.dawes@ky.gov](mailto:kellyr.dawes@ky.gov)



37

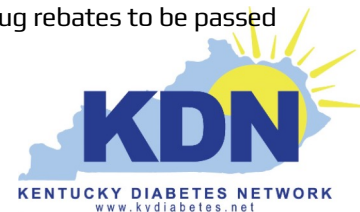


Connected for Life

### 2025 Kentucky Legislative Priorities

- **Glucagon in Schools** – (HB 75; HB 174) - Allow a health care practitioner to prescribe glucagon in the name of a school rather than an individual student and to allow the school to maintain a supply of the undesignated glucagon for use when necessary.
  - *Pending in House Health Services Committee*
- **PBM Rebate Reform** – (SB 12) - Require at least 85% of prescription drug rebates to be passed through to covered individuals at the point of sale..
  - *Pending in Senate Banking and Insurance Committee*

Gary Dougherty  
[gdougherty@diabetes.org](mailto:gdougherty@diabetes.org)



38

## Free T1D Resources for your Patients!

Breakthrough T1D is here to help your patients and their caregivers adjust to life with type 1 diabetes (T1D). Each free resource offers *Begin with Hope*, an introductory guide to T1D created with care by people living with T1D, their families and medical experts. They will receive illustrated overviews of high and low blood sugar, important information about T1D screening and clinical trials, and some fun swag, too!



**The Breakthrough T1D Bag of Hope™** (ages 0-11)  
Rufus the Bear with Diabetes Powered by Breakthrough T1D™, a cuddly friend to show your child they are not alone and to help them learn to test their blood sugar and inject insulin.  
Fun and Educational Books for kids and parents



**Breakthrough T1D Teen Pack** (ages 12-17)  
Breakthrough T1D supply bag and Lokai bracelet  
A First Book for Understanding Diabetes (Pink Panther): A widely acclaimed, easy-to-follow, comprehensive handbook on how to manage diabetes.



**Breakthrough T1D Adult Pack** (ages 18+)  
Breakthrough T1D supply bag and Lokai bracelet  
Bright Spots and Landmines—in this highly actionable guide, T1D columnist Adam Brown shares the food, mindset, exercise, and sleep strategies that have had the biggest impact on his diabetes—and hopefully yours, too!



## Breakthrough T1D

Kentucky Gala

03.08.25

at the Seelbach Hilton Louisville



Breakthrough T1D™

Formerly JDRF

# Symposium Survey!



KENTUCKY DIABETES NETWORK  
www.kvdiabetes.net

# *Announcements*

Please type anything you would like to announce in the Chat box. Select “Everyone” so that all participants can see. Someone will also be monitoring the chat box and will be able to highlight details.



41

## **Grab Your Lunch and Meet Back at 12:30**



42

# Diabetes Day at the Capitol 2024



43

Kentucky Diabetes Network

## DIABETES DAY AT THE CAPITOL



DATE  
MARCH 12, 2025



TIME  
AT 8:30 AM EST



PLACE  
ANNEX BUILDING  
702 CAPITOL AVE  
ROOM 125  
FRANKFORT,  
KENTUCKY 40601



[Register](#)



# Register today for DDAC using the QR code!



44



# *Action Team Breakout and Report Out*



45

## **Thank you for joining us for our quarterly meeting!**

If you need anything following this meeting, please  
email [kentuckydiabetes@gmail.com](mailto:kentuckydiabetes@gmail.com) for help.

See you all in June for our Virtual Meeting!



46