



DECEMBER
ANNUAL
MEETING

REPORT

2023

START

Who we can invite to the meeting that isn't currently attending?



START

What can KDN start doing?

“Power of a participant seeing value and a place to do good, share their knowledge and make an impact! They need to see something is there for them to be relevant and empowering.”

01

Needs Assessment

Conduct another poll or focus group of membership. What do members expect of KDN? Survey members to come up with an optimal time to meet. Do the same for our partners. Are virtual, hybrid or a combination better? Ask how long the meetings should be.

02

Action Teams

Need clear goals and direction for what action teams are charged with. Members need a specific role or project. Have workgroup meetings to allow participants to join in. Need to clearly define the charge of the groups.

03

Grants

Apply for a grant for an Outreach Coordinator Position.

04

Marketing and Networking

Upload marketing materials with a QR code to KDN website. Use value propositions to help send out invitations and create materials. Create new types of networking events for employers and community members. Try “Train the Trainers” or “Networking Virtually.”

START

Other Ideas Mentioned:

- Having Symposium Tracks
- Empower education to fit needs and times
- Align to the state's diabetes prevention strategic plan by choosing one initiative to focus on that KDN can support



STOP

What should KDN stop doing?

01

Action Teams

Rethink the action teams. Do we need 4 groups or could we do one focus a year or per quarter? Separate Community Outreach and Partnerships action teams.

02

Meetings

Stop all in-person quarterly meetings. Consider 2 virtual and 2 in-person.



CONTINUE

What should KDN continue doing?

01

Special Projects/Campaigns

Special projects for everyone to participate in (for example, Prevent Type 2 in 2022).

02

Quarterly Meetings

Continue hybrid approach OR recommend having 2 in person and 2 virtual each year.

03

Resources

Having resources available to the community.

04

Newsletters

Continue to have a newsletter. This may be something KDN takes over.

05

Website

Continue to update website and also add a place for folks to share what they would like to see included in the newsletter.

CONTINUE

What has been successful for KDN in the past?

- Resource/Education Development
- Information dissemination to partners of KDN
- Local Homemakers club- UK Extension Office
- Dispersing Educational materials
- Working with the incarcerated population- kitchen staff
- Presentations of Social Determinants of Health
- Having a panel discussion

NEXT STEPS

Where do we go from here? Sustainability is not just about about looking back, but also looking forward.

This KDN Annual Meeting Report is a continuous work in progress - a way for our organization to track our impact and improvements over time. Here are the next steps based on feedback.

01

Conduct Needs Assessment

This will be a survey and/or focus group to address meeting times, frequency, action team related questions and expectations of KDN members.

02

Special Projects

Continue to offer opportunities for all members to work on something such as Know More in 24'.

03

New Partners

Start reaching out to new potential partners from our new list!