### July / August 2017 (55 organizations serving 85 counties)

DPP organizations are listed from the CDC website by physical location of “recognized organization”. DPP organizations listed in alphabetical order (contact the coordinator listed for meeting location and schedules). “Provided in” means provider is willing to offer DPP onsite in that county.

<table>
<thead>
<tr>
<th>Adair</th>
<th>Allen</th>
<th>Anderson</th>
<th>Ballard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lake Cumberland District Health Department (provided in Adair, Casey, Clinton, Cumberland, Green, McCracken, Pulaski, Russell, Taylor and Wayne counties) 500 Bourne Ave Somerset, KY 42501 Jamie Lee <a href="mailto:jamiel.lee@lcdhd.org">jamiel.lee@lcdhd.org</a> 606.678.4761 or Toll Free: 800.928.4416</td>
<td>Allen County Health Department Participation only open to Kentucky Employee Health Plan (KEHP) members. (provided in Allen County) 107 N Court St Scottsville, KY 42164 Amy Meador <a href="mailto:amyl.meador@ky.gov">amyl.meador@ky.gov</a> 270.237.4423 Ext 103 Carolyn Richey <a href="mailto:carolyns.richey@ky.gov">carolyns.richey@ky.gov</a> 270.237.4423 Ext 109</td>
<td>Coach Shellie’s Healthy Lifestyle Program Online classes also available. (provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties) 245 Beechwood Ave Frankfort, KY 40601 Shellie Wingate <a href="mailto:shellie.wingate@gmail.com">shellie.wingate@gmail.com</a> 502.682.5079</td>
<td></td>
</tr>
<tr>
<td>Barren River District Health Department (provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties) 1109 State St Bowling Green, KY 42101 Melissa Waldron <a href="mailto:melissa.waldron@barrenriverhealth.org">melissa.waldron@barrenriverhealth.org</a> 270.781.8039 Ext 130 or 1.877.641.5822 Ext 130</td>
<td>Gateway District Health Department (provided in Bath, Menifee, Morgan &amp; Rowan Counties) 56 Treadway Dr Owingsville, KY 40360 Jamie Francis <a href="mailto:jamier.francis@ky.gov">jamier.francis@ky.gov</a> 606.674.6396 Ext. 26 Jessica Lykins <a href="mailto:jessicas.lykins@ky.gov">jessicas.lykins@ky.gov</a> 606.674.6396 Ext. 25</td>
<td>Aetna Better Health of Kentucky (provided in Boone and Morgan counties) 9900 Corporate Campus Dr Ste 1000 Louisville, KY 40223 Mary Beth Lacy <a href="mailto:melacy@aetna.com">melacy@aetna.com</a> 502.297.4767 Michelle Marrs <a href="mailto:MarrsM@aetna.com">MarrsM@aetna.com</a> 513.869.9937</td>
<td></td>
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<tr>
<td>Bourbon</td>
<td>Boyd</td>
<td>Boyle</td>
<td>Bracken</td>
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| KC Wellness Inc  
Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.  
(provided in Anderson, Bullitt, Bourbon, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties) | King’s Daughters Medical Center  
**ACHEIVED FULL CDC RECOGNITION** (provided in Boyd, Carter, Elliott, Greenup, and Lawrence counties)  
2201 Lexington Ave  
Ashland, KY 41101  
Kim Bayes  
kim.bayes@kdmc.kdhs.us  
606.408.1560 | McDowell Wellness Center  
(provided in Boyle County)  
1107 Ben Ali Dr  
Danville, KY 40422  
Dee Minor  
dcoffey@emhealth.org  
859-936-7200  
Janet Fluty  
Jfluty@emhealth.org  
859-936-7225 | Bracken County Health Department  
**ACHEIVED FULL CDC RECOGNITION** (provided in Bracken and Lewis counties)  
429 Frankfort, St  
Brooksville, KY 41004  
Donna Teegarden  
donnas.teegarden@ky.gov  
606.735.2157 Ext. 225 |
| Paris-Bourbon County YMCA  
(provided in Bourbon and Nicholas counties)  
917 Main St  
Paris, KY 40361  
Sabrina Gordon  
sgordon@parisbourbonymca.org  
Keith Lenox  
Klenox@parisbourbonymca.org  
859.987.1395 |  |  |  |
| Lewis County Primary Care Center dba Primary Plus  
(provided in Bracken, Fleming, Lewis, and Mason counties)  
927 Kenton Station Dr  
Maysville, KY 41056  
Danielle Eisenhauer  
waymeyer@primaryplus.net  
Kacy Massie  
massiek@primaryplus.net  
606.759.0014 |  |  |  |
| Juniper Health  
(provided in Breathitt, Lee and Wolfe counties)  
141 Main St  
Beattyville, KY 41311  
Missy Begley  
missy.begley@juniperhealth.org  
Bridget Turner  
bridget.turner@juniperhealth.org  
606.464.0151 | Balanced Wellness LLC  
Online classes also available.*  
(provided in Bullitt, Jefferson, and Shelby counties)  
1313 Lyndon Ln #108  
Louisville, KY 40245  
Terry Gehre  
tag@balancedwellnessky.com  
502.716.7773 or 502.716.7333 |  | Barren River District Health Department  
(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)  
1109 State St  
Bowling Green, KY 42101  
Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 |
KC Wellness Inc
Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.
(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)
824 Euclid Ave Ste 101
Lexington, KY 40502
Kacy Allen-Bryant
kacyab@kcwell.com
859.269.9934 or 877.634.1412

Kroger Pharmacy
ACHIEVED FULL CDC RECOGNITION
(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)
3175 Beaumont Centre Circle
Lexington, KY 40513
Brooke Hudspeth
brooke.hudspeth@kroger.com
859.373.0841 or 859.806.0310

YMCA of Greater Louisville
(provided in Bullitt, Clark, Floyd, Jefferson, and Oldham counties)
545 S 2nd St
Louisville, KY 40202
Krista Burden
kburden@ymcalouisville.org
502.572.2608

<table>
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<th>Caldwell</th>
<th>Callaway</th>
<th>Campbell</th>
<th>Carlisle</th>
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| Pennyrile District Health Department
Classes to begin approximately January 2017.
(provided in Caldwell, Crittenden, and Trigg Counties)
208 Outlet Ave.
Eddyville, KY 42038
Kelly Dawes kellyr.dawes@ky.gov
270.522.8121 Ext 212 |

|                     | YMCA of Greater Cincinnati **
Healthy Living Branch
(provided in Northern KY – Boone, Campbell, and Kenton counties)
1105 Elm St
Cincinnati, OH 45202
Carrie Martin ydpp@myy.org
513.362.9622 Ext 3309
Kiana Trabue ktrabue@myy.org
513.362.2044/513.961.3510 |

<table>
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<tr>
<th>Carroll</th>
<th>Carter</th>
<th>Casey</th>
<th>Christian</th>
</tr>
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</table>
| Carter County Health Department
Classes to begin approximately September 2016.
300 W Main St
Grayson, KY 41143
Anna C. Hamilton AnnaM.conni@ky.gov
606.474.5109
Rita Sexton RitaJ.Sexton@ky.gov
606.474.6685 |

| Lake Cumberland District Health Department
(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)
500 Bourne Ave
Somerset, KY 42501
Jamie Lee jamiel.lee@lcdhd.org
606.678.4761 or Toll Free: 800.928.4416 |

| Diabetes Resource Center of Hopkinsville
(provided in Christian County)
530 Noel Ave
Hopkinsville, KY 42240
Theresa Clark clark_t@bellsouth.net
270.707.0060 |
### Clark

<table>
<thead>
<tr>
<th>Clark County Health Department</th>
<th>Clay County Health Department</th>
<th>Clinton District Health Department</th>
<th>Crittenden District Health Department</th>
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<tr>
<td><strong>ACHIEVED FULL CDC RECOGNITION</strong> (provided in Clark County)</td>
<td><strong>ACHIEVED FULL CDC RECOGNITION</strong> (provided in Clay County)</td>
<td><strong>Lake Cumberland District Health Department</strong> (provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)</td>
<td><strong>Pennyrile District Health Department</strong> Classes to begin approximately January 2017. (provided in Caldwell, Crittenden, and Trigg Counties)</td>
</tr>
<tr>
<td>400 Professional Ave, Winchester, KY 40391</td>
<td>330 Shamrock Rd., Manchester, KY 40962</td>
<td>500 Bourne Ave, Somerset, KY 42501</td>
<td>208 Outlet Ave, Eddyville, KY 42038</td>
</tr>
<tr>
<td><strong>Amy W. Williams</strong></td>
<td><strong>Tracie Grubb</strong></td>
<td><strong>Jamie Lee</strong></td>
<td><strong>Kelly Dawes</strong></td>
</tr>
<tr>
<td><a href="mailto:Amy.W.Williams@ky.gov">Amy.W.Williams@ky.gov</a></td>
<td><a href="mailto:traciel.grubb@ky.gov">traciel.grubb@ky.gov</a></td>
<td><a href="mailto:jamiel.lee@lcdhd.org">jamiel.lee@lcdhd.org</a></td>
<td><a href="mailto:kellyr.dawes@ky.gov">kellyr.dawes@ky.gov</a></td>
</tr>
<tr>
<td>859.744.4482</td>
<td>606.598.2425</td>
<td>859.678.4761 or Toll Free: 800.928.4416</td>
<td>270.522.8121 Ext 212</td>
</tr>
</tbody>
</table>

### KC Wellness Inc

**Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.**

(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)

824 Euclid Ave, Ste 101, Lexington, KY 40502

**Kacy Allen-Bryant**

kacyab@kcwell.com

859.269.9934 or 877.634.1412

### Kroger Pharmacy

**ACHIEVED FULL CDC RECOGNITION**

(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)

3175 Beaumont Centre Circle, Lexington, KY 40513

**Brooke Hudspeth**

brooke.hudspeth@kroger.com

859.373.0841 or 859.806.0310

### YMCA of Greater Louisville

(provided in Bullitt, Clark, Floyd, Jefferson, and Oldham counties)

545 S 2nd St, Louisville, KY 40202

**Krista Burden**

kburden@ymcalouisville.org

502.572.2608
<table>
<thead>
<tr>
<th>Cumberland</th>
<th>Daviess</th>
<th>Edmonson</th>
<th>Elliott</th>
</tr>
</thead>
</table>
| Lake Cumberland District Health Department  
(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)  
500 Bourne Ave  
Somerset, KY 42501  
Jamie Lee  
jamiel.lee@lcdhd.org  
606.678.4761 or  
Toll Free: 800.928.4416 | Owensboro Health One Health Clinical Integration Department  
(provided in Daviess and Muhlenberg counties)  
2401 New Hartford Rd  
PO Box 20007  
Owensboro, KY 42303  
Amy Turley  
amy.turley@owensborohealth.org  
270.688.4459  
Beth Cecil  
beth.cecil@owensborohealth.org  
270.688.3252 | Barren River District Health Department  
(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)  
1109 State St  
Bowling Green, KY 42101  
Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or  
1.877.641.5822 Ext 130 | King’s Daughters Medical Center  
ACHIEVED FULL CDC RECOGNITION  
(provided in Boyd, Carter, Elliott, Greenup, and Lawrence counties)  
2201 Lexington Ave  
Ashland, KY 41101  
Kim Bayes  
kim.bayes@kdmc.kdhs.us  
606.408.1560 |
| Estill County Health Department  
(provided in Estill County)  
365 River Dr  
Irvine, KY 40336  
Courtney Barnes  
courtneyp.barnes@ky.gov  
606-723-5181 Ext 241 | Baptist Health Lexington  
ACHIEVED FULL CDC RECOGNITION  
(provided in Fayette and Madison counties)  
1740 Nicholasville Rd  
Lexington, KY 40503  
Kathleen Stanley  
kstanley@bhsi.com  
859.260.5122 | Lewis County Primary Care Center dba Primary Plus  
(provided in Bracken, Fleming, Lewis, and Mason counties)  
927 Kenton Station Dr  
Maysville, KY 41056  
Danielle Eisenhauer  
waymeyerd@primaryplus.net  
Kacy Massie  
massiek@primaryplus.net  
606.759.0014 | Floyd County Health Department  
(provided in Floyd, Johnson, Magoffin and Martin counties)  
283 Goble St  
Prestonsburg, KY 41653  
Thursa Sloan  
thursac.sloan@ky.gov  
606.886.2788 Ext. 238 |
| Estill County Health Department  
(provided in Estill County)  
365 River Dr  
Irvine, KY 40336  
Courtney Barnes  
courtneyp.barnes@ky.gov  
606-723-5181 Ext 241 | Bluegrass Area Agency on Aging & Independent Living  
(provided in Fayette, Garrard, Jessamine counties)  
699 Perimeter Dr  
Lexington, KY 40517  
Lydia M. Jacobs  
ljacobsg@bgadd.org  
859.269.8021 Ext 232 | YMCA of Greater Louisville  
(provided in Bullitt, Clark, Floyd, Jefferson, and Oldham counties)  
545 S 2nd St  
Louisville, KY 40202  
Krista Burden  
kburden@ymcalouisville.org  
502.572.2608 | |
### Kroger Pharmacy

**Achieved Full CDC Recognition**

*(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)*

3175 Beaumont Centre Circle
Lexington, KY 40513

**Brooke Hudspeth**
brooke.hudspeth@kroger.com

859.373.0841 or 859.806.0310

---

### Lexington-Fayette County Health Department

*(provided in Fayette County)*

2433 Regency Rd
Lexington, KY 40503

**Tara Mason**
tara.mason@ky.gov

859.288.2347

**Carol Hisle**
carolr.hisle@ky.gov

859.288.2310

---

### University of Kentucky Research Foundation

Barnstable Brown KY Diabetes and Obesity Center

**Achieved Full CDC Recognition**

Participation only open to select women previously diagnosed with Gestational Diabetes within University of Kentucky system.

*(provided in Fayette County)*

500 South Limestone 109 Kinkead Hall
Lexington, KY 40526-0001

**Laura Hieronymus**
laura.hieronymus@uky.edu

859.489.4074

---

### YMCA of Central Kentucky

*(provided in Fayette, Franklin, Jessamine, and Scott counties)*

381 W Louden Ave
Lexington, KY 40508

**Corey Donohoo**
cdonohoo@ymcacky.org
270.556.6301

- **Frankfort YMCA**
  *(provided in Franklin County)*

  77 C Michael Davenport Blvd
  Frankfort, KY 40601

  **Marcus McAlpin**
mcalpin@frankfortymca.org
  502.382.0912
<table>
<thead>
<tr>
<th>Franklin</th>
<th>Fulton</th>
<th>Gallatin</th>
<th>Garrard</th>
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<tr>
<td><strong>Coach Shellie’s Healthy Lifestyle Program</strong></td>
<td><strong>Online classes also available.</strong> (provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)</td>
<td><strong>Bluegrass Area Agency on Aging &amp; Independent Living</strong> (provided in Fayette, Garrard, Jessamine counties)</td>
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<tr>
<td>245 Beechwood Ave</td>
<td>851 East-West Connector</td>
<td>699 Perimeter Dr</td>
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<tr>
<td>Frankfort, KY 40601</td>
<td>Frankfort, KY 40601</td>
<td>Lexington, KY 40517</td>
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<tr>
<td><strong>Shellie Wingate</strong></td>
<td><strong><a href="mailto:shellie.wingate@gmail.com">shellie.wingate@gmail.com</a></strong></td>
<td><strong>Lydia M. Jacobs</strong></td>
<td></td>
</tr>
<tr>
<td>502.682.5079</td>
<td></td>
<td><strong><a href="mailto:ljacobs@bgadd.org">ljacobs@bgadd.org</a></strong></td>
<td></td>
</tr>
<tr>
<td><strong>Franklin County Health Department</strong></td>
<td><strong>Participation only open to scheduled KEHP Member worksites (some worksites allow outside participants).</strong> (provided in Franklin County)</td>
<td><strong>Debbie Bell</strong> debbiey <a href="mailto:bell@ky.gov">bell@ky.gov</a></td>
<td></td>
</tr>
<tr>
<td>851 East-West Connector</td>
<td>824 Euclid Ave Ste 101</td>
<td><strong>859.269.8021 Ext 232</strong></td>
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<tr>
<td>Frankfort, KY 40601</td>
<td>Lexington, KY 40502</td>
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<tr>
<td><strong>Debbie Bell</strong></td>
<td><strong><a href="mailto:jennifers.robinson@ky.gov">jennifers.robinson@ky.gov</a></strong></td>
<td></td>
<td></td>
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<tr>
<td>502.564.5559 Ext 269</td>
<td>502.564.5559 Ext 262</td>
<td></td>
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<tr>
<td><strong>KC Wellness Inc</strong></td>
<td><strong>Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.</strong> (provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)</td>
<td><strong>Kacy Allen-Bryant</strong> <a href="mailto:kacyab@kcwell.com">kacyab@kcwell.com</a></td>
<td></td>
</tr>
<tr>
<td>824 Euclid Ave Ste 101</td>
<td>859.269.9934 or 877.634.1412</td>
<td>859.269.8021 Ext 232</td>
<td></td>
</tr>
<tr>
<td>Lexington, KY 40502</td>
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<tr>
<td><strong>Kacy Allen-Bryant</strong></td>
<td><strong><a href="mailto:kacyab@kcwell.com">kacyab@kcwell.com</a></strong></td>
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<tr>
<td>859.269.9934 or 877.634.1412</td>
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<tr>
<td><strong>YMCA of Central Kentucky</strong> (provided in Fayette, Franklin, Jessamine, and Scott counties)</td>
<td><strong>Corey Donohoo</strong> <a href="mailto:cdonohoo@ymcacky.org">cdonohoo@ymcacky.org</a></td>
<td><strong>Frankfort YMCA</strong> (provided in Franklin County)</td>
<td></td>
</tr>
<tr>
<td>381 W Louden Ave</td>
<td>270.556.6301</td>
<td>77 C Michael Davenport Blvd</td>
<td></td>
</tr>
<tr>
<td>Lexington, KY 40508</td>
<td></td>
<td>Frankfort, KY 40601</td>
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<tr>
<td><strong>Corey Donohoo</strong></td>
<td><strong><a href="mailto:cdonohoo@ymcacky.org">cdonohoo@ymcacky.org</a></strong></td>
<td><strong>Marcus McAlpin</strong></td>
<td></td>
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<tr>
<td>270.556.6301</td>
<td></td>
<td><strong><a href="mailto:mmcalpin@frankfortymca.org">mmcalpin@frankfortymca.org</a></strong></td>
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<td></td>
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<td>502.382.0912</td>
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- **Frankfort YMCA** (provided in Franklin County)
  77 C Michael Davenport Blvd
  Frankfort, KY 40601
  **Marcus McAlpin**
mcalpin@frankfortymca.org
  502.382.0912
<table>
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<th>Grant</th>
<th>Graves</th>
<th>Grayson</th>
<th>Green</th>
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|       | Graves County Health Department  
*(provided in Graves County)*  
416 Central Ave  
Mayfield KY 42066  
Cynthia Hopper  
cynthias.hopper@ky.gov  
270.247.3553 Ext. 227 |       | Lake Cumberland District Health Department  
*(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)*  
500 Bourne Ave  
Somerset, KY 42501  
Jamie Lee  
jamiel.lee@lcdhd.org  
606.678.4761 or Toll Free: 800.928.4416 |       |

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<th>Greenup</th>
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<th>Hardin</th>
<th>Harlan</th>
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| King’s Daughters Medical Center  
ACHIEVED FULL CDC RECOGNITION  
*(provided in Boyd, Carter, Elliott, Greenup, and Lawrence counties)*  
2201 Lexington Ave  
Ashland, KY 41101  
Kim Bayes  
kim.bayes@kdmc.kdhs.us  
606.408.1560 |       |       |       |
| Our Lady of Bellefonte Hospital Diabetes and Wound Care Center  
*Classes to begin approximately January 2017.*  
*(provided in Greenup County)*  
1000 Ashland Dr Ste G1  
Ashland, KY 41101  
Tawnia Jones  
tawnia.jones@bshsi.org  
606.833.4048  
Christy Morrison  
Christy.morrison@bshsi.org  
606.833.3126 |       |       |       |

<table>
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<tr>
<th>Harrison</th>
<th>Hart</th>
<th>Henderson</th>
<th>Henry</th>
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</table>
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Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.  
*(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)*  
824 Euclid Ave Ste 101  
Lexington, KY 40502  
Kacy Allen-Bryant  
kacyab@kcwell.com  
859.269.9934 or 877.634.1412 |       | Methodist Hospital Henderson  
*(provided in Henderson County)*  
110 Second St  
Henderson, KY 42420  
Emily Smith  
esmith1@methodisthospital.net  
270.826.4646  
Linda Gabe  
lgabe@methodisthospital.net  
270.826.4646 |       |       |       |
| Barren River District Health Department  
*(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)*  
1109 State St  
Bowling Green, KY 42101  
Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 |       |       |       |
Wedco District Health Department
Participation only open to Kentucky Employee Health Plan (KEHP) members.
Classes to begin approximately Summer / Fall 2017.
(provided in Harrison, Nicholas, and Scott counties)
302 Oddville Ave
Cynthiana, KY 41031
Amber Broaddus
amberr.broaddus@ky.gov
859.588.7631
April Thomas
april.thomas@ky.gov
859.588.5343

<table>
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<th>Hickman</th>
<th>Hopkins</th>
<th>Jackson</th>
<th>Jefferson</th>
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Kacy Allen-Bryant
kacyab@kcwell.com
859.269.9934 or 877.634.1412 |
| Balanced Wellness LLC | Online classes also available.* (provided in Bullitt, Jefferson, and Shelby counties) | 1313 Lyndon Ln #108
Louisville, KY 40245
Terry Gehrke
tag@balancedwellnessky.com
502.716.7773 or 502.716.7333 |
| Baptist Health Louisville | (provided in Jefferson County) | 4000 Kresge Way
Louisville, KY 40207
Ronda Merryman-Valiyi
ronda.merryman-valiyi@bhsi.com
502.897.8831 |
| Humana Inc | Participation only open to internal associates (Humana employees). (provided in Jefferson County) | 500 W Main St
Louisville, KY 40202
Amanda Blanton
ablanton@humana.com
Elona DeGooyer
edegooyer@humana.com
Ryan Igleheart
rigleheart@humana.com
800.486.2620 |
KC Wellness Inc
Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.
(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)
824 Euclid Ave Ste 101
Lexington, KY 40502
Kacy Allen-Bryant
kacyab@kcwell.com
859.269.9934 or 877.634.1412

Kroger Pharmacy
ACHIEVED FULL CDC RECOGNITION
(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)
3175 Beaumont Centre Circle
Lexington, KY 40513
Brooke Hudspeth
brooke.hudspeth@kroger.com
859.373.0841 or 859.806.0310

University of Louisville Physicians Diabetes and Obesity Center
(provided in Jefferson County)
401 E Chestnut St Ste 310
Louisville, KY 40202
Karen Beatty
Karen.beatty@louisville.edu
Beth Ackerman
beth.ackerman@louisville.edu
502.588.4499

YMCA of Greater Louisville
(provided in Bullitt, Clark, Floyd, Jefferson, and Oldham counties)
545 S 2nd St
Louisville, KY 40202
Krista Burden
kburden@ymcalexington.org
502.572.2608

Jessamine

Johnson

Floyd County Health Department
(provided in Floyd, Johnson, Magoffin and Martin counties)
283 Goble St
Prestonsburg, KY 41653
Thursa Sloan
thursa.sloan@ky.gov
606.886.2788 Ext. 238

Kentucky River District Health Department
(provided in Knott, Lee, and Perry counties)
441 Gorman Hollow Rd
Hazard, KY 41701
Alice Caudill
alice.caudill@ky.gov
606.439.2361
April Sandlin
april.sandlin@ky.gov
606.785.3144

Knott

YMCA of Greater Cincinnati **
Healthy Living Branch
(provided in Northern KY – Boone, Campbell, and Kenton counties)
1105 Elm St
Cincinnati, OH 45202
Carrie Martin
ydpp@myy.org
513.362.9622 Ext 3309
Kiana Trabue
ktrabue@myy.org
513.362.2044

Bluegrass Area Agency on Aging & Independent Living
(provided in Fayette, Garrard, Jessamine counties)
699 Perimeter Dr
Lexington, KY 40517
Lydia M. Jacobs
ljacobs@bgadd.org
859.269.8021 Ext 232

April Sandlin
april.sandlin@ky.gov
606.785.3144

April Sandlin
april.sandlin@ky.gov
606.785.3144
### Jessamine County Health Department  
*(provided in Jessamine County)*  
210 E Walnut Street  
Nicholasville, Kentucky, 40356  
**Lauren Cass Lane, MS, RD, LD**  
LaurenM.Lane@ky.gov  
859.885.4149 Ext. 1040  
**Karen Fallon, MPH, RD, LD, CLC**  
KarenC.Fallon@ky.gov  
859.885.4149 Ext. 1007

### Johnson County Health Department  
*(provided in Johnson County)*  
630 James Trimble Blvd.  
Paintsville, KY 41240  
**Jennifer Wilson**  
jennifer1.wilson@ky.gov  
606.789.2590

### KC Wellness Inc  
Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.  
*(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)*  
824 Euclid Ave Ste 101  
Lexington, KY 40502  
**Kacy Allen-Bryant**  
kacyab@kcwell.com  
859.269.9934 or 877.634.1412

### YMCA of Central Kentucky  
*(provided in Fayette, Franklin, Jessamine, and Scott counties)*  
381 W Louden Ave  
Lexington, KY 40508  
**Corey Donohoo**  
cdonohoo@ymcacky.org  
270.556.6301

- **Frankfort YMCA**  
  *(provided in Franklin County)*  
  77 C Michael Davenport Blvd  
  Frankfort, KY 40601  
  **Marcus McAlpin**  
mcalpin@frankfortymca.org  
  502.382.0912

### Baptist Health Lexington  
Participation only open to Baptist Health Corbin employees. *(provided in Knox, Laurel, and Whitley counties)*  
95 Bryan Blvd Ste 102  
Corbin, KY 40701  
**Linda J Mills**  
lmills2@bhsi.com  
606.523.8549  
**Debbie Scarberry**  
dscarber@bhsi.com  
606.528.1212

### Baptists Health Corbin  
Participation only open to Baptist Health Corbin employees. *(provided in Knox, Laurel, and Whitley counties)*  
95 Bryan Blvd Ste 102  
Corbin, KY 40701  
**Linda J Mills**  
lmills2@bhsi.com  
606.523.8549  
**Debbie Scarberry**  
dscarber@bhsi.com  
606.528.1212

### King's Daughters Medical Center  
**ACHIEVED FULL CDC RECOGNITION** *(provided in Boyd, Carter, Elliott, Greenup, and Lawrence counties)*  
2201 Lexington Ave  
Ashland, KY 41101  
**Kim Bayes**  
kim.bayes@kdmc.kdhs.us  
606.408.1560

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<td>Baptist Health Lexington</td>
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<td>95 Bryan Blvd Ste 102</td>
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<td><strong>Linda J Mills</strong></td>
<td><strong>Linda J Mills</strong></td>
<td><strong>Kim Bayes</strong></td>
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<tr>
<td><a href="mailto:lmills2@bhsi.com">lmills2@bhsi.com</a></td>
<td><a href="mailto:lmills2@bhsi.com">lmills2@bhsi.com</a></td>
<td><a href="mailto:lmills2@bhsi.com">lmills2@bhsi.com</a></td>
<td><a href="mailto:kim.bayes@kdmc.kdhs.us">kim.bayes@kdmc.kdhs.us</a></td>
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<td>606.523.8549</td>
<td>606.523.8549</td>
<td>606.408.1560</td>
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<tr>
<td><strong>Debbie Scarberry</strong></td>
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<td><strong>Debbie Scarberry</strong></td>
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<td><a href="mailto:dscarber@bhsi.com">dscarber@bhsi.com</a></td>
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<td><a href="mailto:dscarber@bhsi.com">dscarber@bhsi.com</a></td>
<td><a href="mailto:dscarber@bhsi.com">dscarber@bhsi.com</a></td>
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</table>
| Lawrence County Health Department | **ACHIEVED FULL CDC RECOGNITION** (provided in Lawrence County) | 1080 Meadowbrook Ln | Carolyn J. McGinn  
carolynj.mcginn@ky.gov  
606.638.4389 Ext. 36 |
|            |                 |                  | Ashley E. Wilks  
ashleye.wilks@ky.gov  
606.638.4389 |                         |
| Juniper Health (provided in Breathitt, Lee and Wolfe counties) | 141 Main St. | Beattyville, KY 41311 | Missy Begley  
missy.begley@juniperhealth.org  
Bridget Turner  
bridget.turner@juniperhealth.org  
606.464.0151 |
| Kentucky River District Health Department (provided in Knott, Lee, and Perry counties) | 441 Gorman Hollow Rd | Hazard, KY 41701 | Alice Caudill  
alice.caudill@ky.gov  
606.439.2361  
April Sandlin  
april.sandlin@ky.gov  
606.785.3144 |
| Lewis County Primary Care Center dba Primary Plus (provided in Bracken, Fleming, Lewis, and Mason counties) | 927 Kenton Station Dr | Maysville, KY 41056 | Danielle Eisenhauer  
waymeyerd@primaryplus.net  
Kacy Massie  
massiek@primaryplus.net  
606.759.0014 |
| Kentucky River District Health Department (provided in Knott, Lee, and Perry counties) | 1109 State St | Bowling Green, KY 42101 | Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 |
| Lincoln      | Livingston      | Logan            | Lyon          |
| Barren River District Health Department (provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties) | 1109 State St | Bowling Green, KY 42101 | Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 |
| Madison      | Magoffin        | Marion           | Marshall      |
| Baptist Health Lexington **ACHIEVED FULL CDC RECOGNITION** (provided in Fayette and Madison counties) | 1740 Nicholasville Rd | Lexington, KY 40503 | Kathleen Stanley  
kstanley@bhsi.com  
859.260.5122 |
| Floyd County Health Department (provided in Floyd, Johnson, Magoffin and Martin counties) | 283 Goble St | Prestonsburg, KY 41653 | Thursa Sloan  
thursa.sloan@ky.gov  
606.886.2788 Ext. 238 |
| Diabetes and Nutrition Management of Bardstown **ACHIEVED FULL CDC RECOGNITION** (provided in Marion and Nelson counties) | 700 Portland Ave. Ste B | Bardstown, KY 40004 | Denise Barnett  
dbdiabetesed@gmail.com  
502.349.0160 or 502.460.1143 |
| KC Wellness Inc | Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members. (provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties) 824 Euclid Ave Ste 101 Lexington, KY 40502  
Kacy Allen-Bryant  
kacyab@kcwell.com  
859.269.9934 or 877.634.1412 | Kroger Pharmacy | ACHIEVED FULL CDC RECOGNITION (provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties) 3175 Beaumont Centre Circle Lexington, KY 40513  
Brooke Hudspeth  
brooke.hudspeth@kroger.com  
859.373.0841 or 859.806.0310 | Madison County Health Department | (provided in Madison County) 214 Boggs Ln Richmond, KY 40475  
Elaine Waters  
Elaine.waters@ky.gov  
859.623.3462  
Margaret Maupin-Story  
maem.maupin@ky.gov  
859.623.3462 or 859.228.2044 | | Martin | Mason | McCracken | McCreary |
|---|---|---|---|
| Floyd County Health Department | Lewis County Primary Care Center dba Primary Plus (provided in Bracken, Fleming, Lewis, and Mason counties) 927 Kenton Station Dr Maysville, KY 41056  
Danielle Eisenhauer  
wayneverd@primaryplus.net  
Kacy Massie  
massiek@primaryplus.net  
606.759.0014 | Baptist Health Louisville • Baptist Health Paducah (provided in McCracken County)  
Classes to begin approximately September 2016.  
Participation only open to Baptist Health Paducah employees.  
2501 Kentucky Ave Paducah, KY 42003  
Kathy West  
kwest1@BHSI.com  
270.575.2282 | Lake Cumberland District Health Department (provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties) 500 Boume Ave Somerset, KY 42501  
Jamie Lee  
jamie.lie@lcdhd.org  
606.678.4761 or 800.928.4416 |
| Martin County Health Department | (provided in Martin County) 136 Rockcastle Rd Inez, KY 41224  
Sheila Howell  
shelha.howell@ky.gov  
606.298.7752 or 606.298.7753 | | | |
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<th>Mercer</th>
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| Lincoln Trail District Health Department  
(provided in Hardin and Meade counties)  
108 New Glendale Rd  
PO Box 2609  
Elizabethtown, KY 42702-2609  
Mechelle Coble  
mecheller.coble@ky.gov  
270.769.1601 Ext 1007 or 800.280.1601 Ext 1007 | Gateway District Health Department  
(provided in Bath, Menifee, Morgan & Rowan Counties)  
56 Treadway Dr.  
Owingsville, KY 40360  
Jamie Francis  
jamier.francis@ky.gov  
606.674.6396 Ext. 26  
Jessica Lykins  
jessicas.lykins@ky.gov  
606.674.6396 Ext. 25 | Mercer County Health Department  
(provided in Mercer County)  
900 N College St  
Harrodsburg, KY 40330  
Kathy Crown-Weber  
kathlyn.crown-weber@ky.gov  
859.734.4522 Ext 134 |

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| Barren River District Health Department  
(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)  
1109 State St  
Bowling Green, KY 42101  
Melissa Waldron  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 | Montgomery County Health Department  
(provided in Montgomery County)  
117 Civic Center  
Mount Sterling, KY 40353  
Annie Michelle Hill  
AnnieM.Hill@ky.gov  
859.497.2448 | Aetna Better Health of Kentucky  
(provided in Boone and Morgan counties)  
9900 Corporate Campus Dr Ste 1000  
Louisville, KY 40223  
Mary Beth Lacy  
melacy@aetna.com  
502.297.4767  
Michelle Marrs  
MarrsM@aetna.com  
513.869.9937 |

| Gateway District Health Department  
(provided in Bath, Menifee, Morgan & Rowan Counties)  
56 Treadway Dr.  
Owingsville, KY 40360  
Jamie Francis  
jamier.francis@ky.gov  
606.674.6396 Ext. 26  
Jessica Lykins  
jessicas.lykins@ky.gov  
606.674.6396 Ext. 25 |

| Morgan County Cooperative Extension FCS Program  
Classes to begin approximately January 2017.  
(provided in Morgan County)  
1002 Prestonsburg St  
West Liberty, KY 41472  
Nellie Buchanan  
nbuchana@uky.edu  
606.743.3292 |
<table>
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<th>Muhlenberg</th>
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<th>Nicholas</th>
<th>Ohio</th>
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| Owensboro Health One Health Clinical Integration Department  
(provided in Daviess and Muhlenberg counties)  
2401 New Hartford Rd  
PO Box 20007  
Owensboro, KY 42303  
Amy Turley  
amy.turley@owensborohealth.org  
270.688.4459  
Beth Cecil  
bethcecil@owensborohealth.org  
270.688.3252  
| Diabetes and Nutrition Management of Bardstown  
ACHIEVED FULL CDC RECOGNITION  
(provided in Marion and Nelson counties)  
700 Portland Ave. Ste B  
Bardstown, KY 40004  
Denise Barnett  
dbdietetesed@gmail.com  
502.349.0160 or 502.460.1143  
| Paris-Bourbon County YMCA  
(provided in Bourbon and Nicholas counties)  
917 Main St  
Paris, KY 40361  
Sabrina Gordon  
sgordon@parisbourbonymca.org  
Keith Lenox  
klenox@parisbourbonymca.org  
859.987.1395  
|  |
|  |  |  | Wedco District Health Department  
Participation only open to Kentucky Employee Health Plan (KEHP) members.  
Classes to begin approximately Summer / Fall 2017.  
(provided in Harrison, Nicholas, and Scott counties)  
302 Oddville Ave  
Cynthiana, KY 41031  
Amber Broaddus  
amber.r.broaddus@ky.gov  
859.588.7631  
April Thomas  
april.thomas@ky.gov  
859.588.5343  
|  |
|  |  |  |  |
| Oldham | Owen | Owsley | Pendleton |
| Baptist Health Louisville  
• Baptist Health LaGrange  
(provided in Oldham County)  
1025 New Moody Ln  
LaGrange, KY 40031  
Cary Doyle  
cary.doyle@bhsi.com  
502.222.3344  
| Coach Shellie’s Healthy Lifestyle Program  
Online classes also available.  
(provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)  
245 Beechwood Ave  
Frankfort, KY 40601  
Shellie Wingate  
shellie.wingate@gmail.com  
502.682.5079  
|  |  |  |  |
| Hope Health Clinic  
Provided FREE - targeting uninsured, underinsured and working poor populations.  
(provided in Carroll, Eastern Jefferson, Henry, Oldham and Trimble counties)  
1025 Sanibel Way Ste E  
LaGrange, KY 40031  
Janet Warren  
jwarren@hopehealthclinicky.com  
502.225.6711  
|  |  |  |  |
### Pharmacy

**Kroger Pharmacy**  
**Achieved Full CDC Recognition**  
(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)  
3175 Beaumont Centre Circle  
Lexington, KY 40513  
Brooke Hudspeth  
brooke.hudspeth@kroger.com  
859.373.0841 or 859.806.0310

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**YMCA of Greater Louisville**  
(provided in Bullitt, Clark, Fayette, Jefferson, and Oldham counties)  
545 S 2nd St  
Louisville, KY 40202  
Krista Burden  
kburden@ymcalouisville.org  
502.572.2608

---

### Kentucky

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| **Kentucky River District Health Department**  
(provided in Knott, Lee, and Perry counties)  
441 Gorman Hollow Rd  
Hazard, KY 41701  
Alice Caudill  
alice.caudill@ky.gov  
606.439.2361  
April Sandlin  
april.sandlin@ky.gov  
606.785.3144 | **Lake Cumberland District Health Department**  
(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)  
500 Bourne Ave  
Somerset, KY 42501  
Jamie Lee  
jamiel.lee@lcdhd.org  
606.678.4761 or 800.928.4416 | **Gateway District Health Department**  
(provided in Bath, Menifee, Morgan & Rowan Counties)  
56 Treadway Dr.  
Owingsville, KY 40360  
Jamie Francis  
jamie.francis@ky.gov  
606.674.6396 Ext. 26  
Jessica Lykins  
jessicas.lykins@ky.gov  
606.674.6396 Ext. 25 | **Lake Cumberland District Health Department**  
(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)  
500 Bourne Ave  
Somerset, KY 42501  
Jamie Lee  
jamiel.lee@lcdhd.org  
606.678.4761 or 800.928.4416 |

### Counties

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<tr>
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<th>Rowan</th>
<th>Russell</th>
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| **Rockcastle County Health Department**  
– in cooperation with Cumberland Valley District Health Department  
(provided in Rockcastle County)  
120 Richmond St  
Mt. Vernon, KY 40456  
Melinda Osborne  
melindaj.osborne@ky.gov  
606.256.2242 Ext 118  
Christie Green  
christiel.green@ky.gov  
606-598-5564 Ext 116 | **Rockcastle County Health Department**  
(provided in Bath, Menifee, Morgan & Rowan Counties)  
56 Treadway Dr.  
Owingsville, KY 40360  
Jamie Francis  
jamie.francis@ky.gov  
606.674.6396 Ext. 26  
Jessica Lykins  
jessicas.lykins@ky.gov  
606.674.6396 Ext. 25 | **Gateway District Health Department**  
(provided in Bath, Menifee, Morgan & Rowan Counties)  
56 Treadway Dr.  
Owingsville, KY 40360  
Jamie Francis  
jamie.francis@ky.gov  
606.674.6396 Ext. 26  
Jessica Lykins  
jessicas.lykins@ky.gov  
606.674.6396 Ext. 25 | **Lake Cumberland District Health Department**  
(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)  
500 Bourne Ave  
Somerset, KY 42501  
Jamie Lee  
jamiel.lee@lcdhd.org  
606.678.4761 or 800.928.4416 |
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<th>Shelby</th>
<th>Simpson</th>
<th>Spencer</th>
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</thead>
</table>
| **Coach Shellie’s Healthy Lifestyle Program**  
*Online classes also available.*  
*(provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)*  
245 Beechwood Ave  
Frankfort, KY 40601  
**Shellie Wingate**  
shellie.wingate@gmail.com  
502.682.5079 | **Balanced Wellness LLC**  
*Online classes also available.*  
*(provided in Bullitt, Jefferson, and Shelby counties)*  
1313 Lyndon Ln #108  
Louisville, KY 40245  
**Terry Gehrke**  
tag@balancedwellnessky.com  
502.716.7773 or 502.716.7333 | **Barren River District Health Department**  
*(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)*  
1109 State St  
Bowling Green, KY 42101  
**Melissa Waldron**  
melissa.waldron@barrenriverhealth.org  
270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 |  |
| **KC Wellness Inc**  
Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.  
*(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)*  
824 Euclid Ave Ste 101  
Lexington, KY 40502  
**Kacy Allen-Bryant**  
kacyab@kcwell.com  
859.269.9934 or 877.634.1412 | **Coach Shellie’s Healthy Lifestyle Program**  
*Online classes also available.*  
*(provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)*  
245 Beechwood Ave  
Frankfort, KY 40601  
**Shellie Wingate**  
shellie.wingate@gmail.com  
502.682.5079 |  |  |
| **Wedco District Health Department**  
Participation only open to Kentucky Employee Health Plan (KEHP) members.  
Classes to begin approximately Summer / Fall 2017.  
*(provided in Harrison, Nicholas, and Scott counties)*  
302 Oddville Ave  
Cynthiana, KY 41031  
**Amber Broaddus**  
amberr.broaddus@ky.gov  
859.588.7631  
**April Thomas**  
april.thomas@ky.gov  
859.588.5343 | **Kroger Pharmacy**  
**ACHIEVED FULL CDC RECOGNITION**  
*(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)*  
3175 Beaumont Centre Circle  
Lexington, KY 40513  
**Brooke Hudspeth**  
brooke.hudspeth@kroger.com  
859.373.0841 or 859.806.0310 |  |  |
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<tbody>
<tr>
<td>(provided in Fayette, Franklin, Jessamine, and Scott counties)</td>
<td>381 W Louden Ave</td>
<td>Lexington, KY 40508</td>
</tr>
<tr>
<td>Corey Donohoo</td>
<td><a href="mailto:cdonohoo@ymcacky.org">cdonohoo@ymcacky.org</a></td>
<td>270.556.6301</td>
</tr>
</tbody>
</table>

- Frankfort YMCA  
  (provided in Franklin County)  
  77 C Michael Davenport Blvd  
  Frankfort, KY 40601  
  Marcus McAlpin  
  mmcalpin@frankfortymca.org  
  502.382.0912

<table>
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<tr>
<th>Taylor</th>
<th>Todd</th>
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<th>Trimble</th>
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| Lake Cumberland District Health Department  
  (provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties) | Todd County Health Department  
  Classes to begin approximately February 2017.  
  (provided in Todd County)  
  205 Mc Reynold Dr  
  Elktont, KY 42220  
  Emily Ezell  
  Emilym.ezell@ky.gov  
  270.263.2362 Ext 211  
  Angela McKee  
  Angela.mckee@ky.gov  
  270.265.2362 Ext 201 | Pennyrile District Health Department  
  Classes to begin approximately January 2017.  
  (provided in Caldwell, Crittenden, and Trigg Counties)  
  208 Outlet Ave.  
  Eddyville, KY 42038  
  Kelly Dawes  
  kelly.dawes@ky.gov  
  270.522.8121 Ext 212 | |

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<th>Union</th>
<th>Warren</th>
<th>Washington</th>
<th>Wayne</th>
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| Methodist Hospital, Prevention and Wellness Services  
  Methodist Hospital Union County  
  (provided in Union County)  
  4604 US Hwy 60 W  
  Morganfield, KY 42437  
  Rhonda Robinson  
  rrobinson@methodisthospital.net  
  270.389.5088  
  Emily Smith  
  esmith1@methodisthospital.net  
  270.826.4646 | Barren River District Health Department  
  (provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)  
  1109 State St  
  Bowling Green, KY 42101  
  Melissa Waldron  
  melissa.waldron@barrenriverhealth.org  
  270.781.8039 Ext 130 or 1.877.641.5822 Ext 130 | | Lake Cumberland District Health Department  
  (provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties)  
  500 Bourne Ave  
  Somerset, KY 42501  
  Jamie Lee  
  jamiel.lee@lcmdhd.org  
  606.678.4761 or Toll Free: 800.928.4416 |

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<tr>
<th>Union</th>
<th>Warren</th>
<th>Washington</th>
<th>Wayne</th>
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| Holy Spirit Catholic Church  
  Classes to begin approximately January 2017.  
  (provided in Warren County)  
  4754 Smallhouse Rd  
  Bowling Green, KY 42104  
  Maire Blankenship  
  hscchealthyliving@gmail.com  
  270.842.7777 or 270.991.5212 | | | |
The Medical Center – Health and Wellness Center  
**ACHIEVED FULL CDC RECOGNITION**  
(provided in Warren County)  
1857 Tucker Way Ste B  
Bowling Green, KY 42104  
Sarah Widener  WideSE@chc.net  
270.796.6596  or  270.745.0942

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<th>Webster</th>
<th>Whitley</th>
<th>Wolfe</th>
<th>Woodford</th>
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</table>
| • Baptist Health Corbin  
Participation only open to Baptist Health Corbin employees.  
(provided in Knox, Laurel, and Whitley counties)  
95 Bryan Blvd Ste 102  
Corbin, KY 40701  
Linda J Mills  
lmills2@bhsi.com  
606.523.8549  
Debbie Scarberry  
dscarber@bhsi.com  
606.528.1212 |
| Juniper Health  
(provided in Breathitt, Lee and Wolfe counties)  
141 Main St.  
Beattyville, KY 41311  
Missy Begley  
missy.begley@juniperhealth.org  
Bridget Turner  
bridget.turner@juniperhealth.org  
606.464.0151 |
| Coach Shellie’s Healthy Lifestyle Program  
Online classes also available.  
(provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)  
245 Beechwood Ave  
Frankfort, KY 40601  
Shellie Wingate  
shellie.wingate@gmail.com  
502.682.5079 |
| • Juniper Health  
(provided in Breathitt, Lee and Wolfe counties)  
141 Main St.  
Beattyville, KY 41311  
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245 Beechwood Ave  
Frankfort, KY 40601  
Shellie Wingate  
shellie.wingate@gmail.com  
502.682.5079 |
Quad/Graphics (listed on CDC DPP Registry under Wisconsin – International Headquarters)
Participation only open to Quad/Graphics employees, spouses, and dependents age 18 and over on the Quad/Graphics Health Plan. (provided in Woodford County)
100 US 60 Bypass Versailles, KY 40384
Amanda Brown
amandabrown@quadmedical.com
859.879.4400
Paul Slack
pslack@quadmedical.com
414.566.8307

** Denotes an out-of-state organization that offers DPP classes physically in a KY county(s).

For more information regarding this listing contact: Theresa.Renn@ky.gov or Janice.Haile@ky.gov