

Kentucky Diabetes Network

DSMES

June 12th agenda

Work Group Chair/s: Cara Castleberry, DeAnna Leonard

Today's Recorder: Cara Castleberry

Today's Reporter:

Members Present: DeAnna Leonard, Cara Castleberry, Becki Thompson, Shana Nicholson, Bonnie Hughes, Debra Smith, Tami Ross, Tammy Sutton, April Sandlin, Maranda Burgin, Susan Johnson

Agenda Item	Discussion details	Decision details (who will do it and by when)
Healthcare Packet	<p>Posted as a packet on KDN website.</p> <p>Last board updated on referral packet: board recommends local administrator signs the referral letter.</p>	<p>DeAnna emailed Tim to see how that would work.</p> <p>DeAnna & Cara will check on getting posted as a packet on website.</p>
Low literacy, easy to read education resources	<p>Kim shared her templates. Shana, Cara & DeAnna have reviewed and will share with group for final approval. Plan to post on KDN website for use. Larger print on some.</p> <p>General discussion about rough draft handouts-</p>	<p>Update on where we are on the editing. Thanks to Cara for her hard work on these – they are looking great!</p> <p>DeAnna or Cara will send to Tim (IT) to upload to website.</p> <p>All members will submit any final edit suggestions by July 1. Then Cara will share with DeAnna and we will send to IT and leadership, for approval and posting on website.</p>

	<p>Major changes already made from first draft- characters are all monochromatic now. Color theme changes to blue. Move some items around to flow better. Updated nutrition label.</p> <p>Diabetes What is It? HO- edits to gestational DM and insulin administration type. Reading Food Labels- nutrition label/font may still be fuzzy.</p>	
<p>Other business?</p>	<p>Diabetes Standing Orders Updated.</p> <p>Brainstorming Session: What are Next steps for DSMES workgroup?</p>	<p>Cara/Deanna will present to Leadership Team before posting on website.</p> <p>Recorder to write all the ideas shared of how the DSMES workgroup.</p> <p>Reaching out to food pantries to help reach our workgroup goals of promoting referrals into DSMES services across the state.</p> <p>Consider classes or instruction on ways to make healthy meals from the food you receive at food pantries.</p> <p>Discussed reaching out to faith based communities.</p>

		<p>Telehealth- reaching those with transportation issues. Potentially excluding those without access to technology.</p> <ul style="list-style-type: none">- Some of DSMES can be offered by phone.- Telehealth can be offered in a recorded version, which is more convenient for those with tighter schedules.- Technology affords protection of identity, for those who feel very stigmatized.- Consider the group creating short videos (example: testing your blood sugar; making handouts interactive and shareable on social media). This will serve as a teaser to join into DSMES. <p>Consensus= promote DSMES services to local food pantries/ organizations that help meet food insecurity needs. Share food label and healthy snacking handouts we created. This will also help us reach out to the faith based community that assists with many of these food banks/pantries. Help develop lists of suggested donations to give to the congregation. Also, potentially the diabetes educator could host a session or educational opportunity to help those who receive food from pantries to know how to utilize that best to eat healthy.</p>
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Notes		

Any corrections to minutes can be emailed to carisa.castleberry@barrenriverhealth.org or dleonard@purchasehealth.org

Make sure to email the minutes to Cara and DeAnna and KDN email. Instructions in the bag. 😊

Have a great meeting and thank you!