

Kentucky Diabetes Prevention Program (DPP) Quarterly Conference Call

October 23, 2019 from 2:00pm – 3:30pm (Eastern) Conference Call Minutes

30 Attendees (~44 users noted on Adobe Connect)

DTTAC Facilitators: Kayleigh Jones, Mackenzie Leonard

DPP Hot Topic Presenters: Sheri Setser-Legg, Beth Cecil, Kathleen Stanley

KY Facilitators: Janice Haile, Theresa Renn

Attendees: Julie Brown, Carolyn Bullock, Cara Castleberry, Alice Caudill, Beth Cecil, Kelly Dawes, Angela Forfia, Emma Gibson, Janice Haile, Elizabeth Hancock, Abby Hoffman, Kayleigh Jones, Reita Jones, Carolyn Kerr, Mackenzie Leonard, Ashley Lillard, Jennifer Nachreiner, Matthew Presley, Theresa Renn, Pat Ryan, April Sandlin, Sheri Setser-Legg, Melissa Smith, Kathleen Stanley, Julie Steber, Chelsea Tabor, Leeann Uebel, Denesa Watts, Sandy West, Ashley Wilks

If you attended the call and are not listed, please notify: theresa.renn@ky.gov

Attachments for Conference Call: AADE MDPP Step-By-Step Guide, KY DPP Call Agenda 10-23-19, MDPP Billing Payment Reference Guide, Owensboro Health Hot Topic PP Slides, KEHP Solera FAQ, CMS Referring MDPP, University of Kentucky Hot Topic PP Slides, KY Sponsored DTTAC Webinars Flyer, 2019 Prediabetes-Risk-Test, KY DPP Orgs MAP September October 2019, KY DPP Orgs Sept-Oct 2019, KY DPP meeting minutes 7-24-19,

WELCOME / INTRODUCTION

- **Welcome** – Theresa Renn welcomed everyone on the call and explained that the Kentucky DPP Conference Call occurs to assist Kentucky partners and organizations interested in and or providing the National DPP with an avenue to stay informed, connected, and share with each other. Theresa welcomed any new people who may be on the call and then introduced Kayleigh Jones, with Emory University's Diabetes Training and Technical Assistance Center (DTTAC) who served as the technical assistant for the conference call. Kayleigh also welcomed everyone and explained how to interact with the Adobe Connect Platform during the call as well as how to download handouts for the meeting and note attendance in the roll call box.
- **DPP Hot Topic and Business Meeting Recording / Link (for those who were unable to join live)**
<http://emory.adobeconnect.com/pcd0xrumundn/>

DPP HOT TOPICS PRESENTATION / DISCUSSION

- **DPP Hot Topic Presentation “Tips and Tales from Kentucky’s Medicare Diabetes Prevention Program (MDPP) Suppliers”** – Kayleigh introduced the three **DPP Hot Topic** presenters: Sheri Setser-Legg with the University of Kentucky Barnstable Brown, Beth Cecil with Owensboro Health, and Kathleen Stanley with Baptist Health Lexington.
- **Sheri Setser-Legg, University of Kentucky Barnstable Brown Diabetes Center**
 - UK began offering DPP as part of an AADE grant in 2015 and became a fully recognized DPP organization in 2017. UK has a large Medicare population so when they learned Medicare would reimburse for DPP they wanted to grow the program and receive reimbursement for this (previously UK only had DPP reimbursement for the Kentucky Employees’ Health Plan members and their UK employees).
 - CMS MDPP reimbursement came at a good time for UK since in 2017 they merged their adult and pediatric endocrinology departments and opened an outpatient diabetes services center

that began focusing on all diabetes billing (DSMES, MNT, etc.). Thus billing for diabetes prevention was also on the UK leaders radar.

- UK began the MDPP application process in February 2018 and became a MDPP supplier in June 2018. Initially UK found that their DPRP certificate from CDC did not have effective renewal dates on it that were needed for CMS so they worked with CDC to get this rectified for their submission. The DPP staff worked closely with the UK Healthcare Enterprise Credentialing Department (they had a specific point person who they worked very closely with and who navigated the CMS submission process for them). UK had to get NPI numbers for every coach.
 - Next UK worked with their electronic medical records department team to develop a flow sheet for content to be covered at each DPP session. The coaches use this flowsheet to mark attendance, minutes of activity, weight, etc. The billing group then tracks the flowsheet to monitor appropriate billing intervals allowed for MDPP by CMS. UK DPP leadership have ongoing meetings every 2 weeks with their billing department regarding all diabetes related billing including MDPP.
 - UK recently started billing for MDPP but this is very new and they do not have a tracking system in place yet to know how many bills have been submitted or how much reimbursement has been received.
- **Beth Cecil, Owensboro Health Healthpark**
 - Owensboro Health is an MDPP supplier but they have not started billing yet. As background, Beth noted that Owensboro Health's DPP services are offered within a medical-based fitness center called Healthpark which is associated with the hospital and medical group. Owensboro Health began offering DPP as part of an AADE grant in 2014 and received full CDC recognition in 2017. They currently have 4 DPP cohorts going and 4 cohorts completed.
 - Owensboro Health recognized that CMS reimbursement of DPP would be an important source of revenue and thus became a Medicare DPP supplier in August 2019 – with the whole process taking about a year.
 - As background, on February 14, 2018, Beth sent an email to their director of reimbursement and manager of credentialing notifying them that CMS was going to begin covering DPP. With that email Beth sent the MDPP final coverage rule, CMS MDPP fact sheet, a MDPP tip sheet, and their CDC DPRP recognition certificate. They had several meetings regarding the CMS application and their financial analyst submitted their MDPP application in April, 2019. In June they received requested corrections from CMS. The diabetes department then had to collect social security numbers, dates of birth, etc. to obtain NPIs for all their DPP coaches.
 - One of the biggest challenges for Owensboro Health was building standard DPP processes within their EMR (EPIC) (thus they had to build registration, coding and billing processes within EPIC). This work within EPIC took about a year. Deaconess Hospital in Evansville had several conference calls with them and offered help. They also had to check on the use of a 1500 practice billing form to see if this use was proper with CMS and it was determined it was.
 - The Owensboro Health CFO is a big believer in DPP and their COO understood the need for diabetes prevention. This support and understanding was critical for success.
 - Owensboro Health is now ready to go with MDPP billing. Their goal is to start a MDPP class and begin the billing process in January, 2020.
- **Kathleen Stanley, Baptist Health, Lexington**
 - Kathleen noted that Baptist Health Lexington has had a DPP program for over 6 years. Kathleen shared that several years ago she was fortunate enough to be one of three people invited by AADE to go to Baltimore to testify at CMS headquarters regarding the need for Medicare coverage of DPP. She represented the voice of the community health care worker. The thing that she took away from that CMS meeting was how long processes actually take to get needed things passed and that everything is an evolving process. Kathleen said she encourages those contemplating becoming a MDPP supplier to jump in and begin the process. She feels there are mentors and good sources of support that will help in the process. Kathleen noted that things

will continue to evolve with the MDPP billing and get simpler. With patience and courage, Kathleen noted that we can get this important program out to Kentuckians all over the state.

- **Question and Answer**

- Q: Kayleigh Jones – What was the process like in working with CDC?
 - A: Beth Cecil – Very helpful and seamless
 - A: Sheri Setser-Legg – Same for us
- Q: Janice Haile – How did you know what to do – where did you receive MDPP supplier assistance tools?
 - A: Beth Cecil – I attended CMS webinars and any time I got an email about MDPP I saved it. There was a MDPP fact sheet from the CMS website/webinar. Being on the webinars and following the process and using the simple “tip sheets / CMS documents” are key.
 - A: Sheri Setser-Legg – The Medicare DPP website had all the information needed.
 - A: Kathleen Stanley – The webinars were exceedingly helpful as well as the innovations.cms.gov website which has the FAQs and help desk support. Also the American Association of Diabetes Educators (AADE) has some good resources for MDPP and AADE can also connect you to a mentor.
- Q: Janice Haile – asked Beth Cecil if they were you able to share their newly developed EPIC MDPP billing processes (figured out by Owensboro Health) back with EPIC so others could take advantage of this as well?
 - A: Beth Cecil – Yes, I think so. EPIC may have something developed by now for MDPP registration, coding, billing, etc. Beth also noted that she would be willing to connect their IT people (who set up their EPIC processes) to others in Kentucky if that would be helpful. Beth’s contact information is beth.cecil@owensborohealth.org.
- Q: Cara Castleberry – What is the reimbursement rate for MDPP?
 - A: Beth Cecil – for MDPP -- it is basically a pay for performance model that can pay up to \$500-600 (over 2 years) if everything is met but it’s based on attendance and weight loss. You get paid some at the beginning for attendance but it’s not a lot. Janice noted there is a MDPP payment guide in today’s handouts.
 - A: Janice Haile mentioned that the Kentucky Employees’ Health Plan (KEHP) with their administrator Anthem is now contracting with Solera Health to administer billing and payments for KEHP members who attend DPP. Because of this, if a KY DPP organization contracts with Solera, then Solera can also help provide MDPP CMS billing as well. Matthew Presley with Solera confirmed that their contractors (i.e. KY DPP organizations) are offered a platform to help bill for MDPP services. Matt also noted that there is an Anthem Solera FAQ in the hand-outs today that gives a Solera contact person and email address (alice.gerken@soleranetwork.com) if a Kentucky DPP organization is interested in contracting with Solera to offer DPP for Kentucky Employees’ Health Plan (KEHP) members.

GENERAL ANNOUNCEMENTS

- **KY DPP Numbers and more**

- Minutes from 7/24/19 were sent with the email
- **Births, Retirements, and More** – Janice congratulated Mallory Stasko from DTTAC for having a baby boy, Skyler, this month. Janice also announced that she will be retiring at the end of the month after 35 years of diabetes service. She plans to maintain her CDE and also plans to babysit part-time for her 2 year old grandson and 4 month old granddaughter. She thanked everyone for all that they do for diabetes prevention and control and noted that she will be looking forward to hearing further great work happening in Kentucky.
- **Reminder** – KY DPP Support: KY DPP Quarterly Conference Calls with DPP Hot Topics Discussion, Free DPP Webinars, National DPP Coaches Training, Meal and Activity Trackers , KY Prediabetes Booklet and Slides Set

- **Update from Survey (for Potential DPP Platform Usage)** – Janice mentioned that she sent a survey out about a month ago to ask if KY DPP organizations are currently using a platform for DPP data collection (other than an Excel spreadsheet) and or whether anyone would be interested in using an electronic platform to help them in their reporting to CDC if it was available through a Memorandum of Understanding (MOU) process with the Kentucky Diabetes Prevention and Control Program (KDPCP). However, Janice noted that after the survey was released, information regarding the Anthem Solera platform (mentioned earlier) was released (thus Solera’s platform would now be available to KY DPP organizations who contract with Solera to offer KEHP members DPP services). Because of this, a DPP electronic platform purchase is on hold until more is known.
- **KY DPRP Organizations/Map** (*September October listings sent with email*)
 - **34** KY DPP organizations serving **120** counties (**62** counties served **in-person**)
 - **1** NEW Organizations – Congratulations WW (Weight Watchers® Reimagined) administered via Solera Health (WW covers over 30 counties in our state and was newly added to the KY listings as they are fully recognized for DPRP).
 - **3** organizations removed from the CDC list: (Beat DM2; Clark County Health Department; Martin County Health Department)
 - **18** organizations have achieved **FULL CDC Recognition** (congratulations to new sites Coach Shellie’s for ONLINE; Good Measures for Distance Learning; Todd County Health Department; WW (Weight Watchers® Reimagined); **7** organizations have achieved **PRELIMINARY CDC Recognition** (congratulations to new sites Franklin County Health Department); **9** organizations have **PENDING Recognition**)
- CDC State Comparison Report for the National DPP – Janice noted that Kentucky recently received a quarterly CDC National Diabetes Prevention Program Report (*July 2019*) which showed that Kentucky ranks:
 - **14th** in the nation in the number of DPP recognized organizations with **37** organizations
 - **17th** in the nation in cumulative numbers of enrolled DPP participants with **6791** participants
 - **8th** in the nation in numbers of organizations (**25**) meeting the 5% weight loss goal (on average)
 - **9th** in the nation in number of organizations (**15**) who have achieved full CDC recognition
- **Kentucky DPP Employer List** (*no additions*)
- **Kentucky Medicare Diabetes Prevention Program (MDPP) Suppliers 4** (highlighted yellow on the Kentucky lists) includes Baptist Health Lexington (2 sites), Owensboro Health, and the University of Kentucky Barnstable Brown Diabetes Prevention Program <https://data.cms.gov/Special-Programs-Initiatives/Medicare-Diabetes-Prevention-Program/vwz3-d6x2/data>
- **KY DPP State Engagement Meeting (StEM) (Coverage Focus) 2020 Plans**
 - Over the last few months, KDPCP has been working with Emory University’s DTTAC making plans to reconvene the KY DPP coverage groups that had previously been formed during the DPP State Engagement Meeting. Plans include forming a Leadership Council and 4 Coverage Teams (Medicaid, Medicare, Insurers, Employers). Outreach to the Leadership Council will take place first followed by the Coverage Teams. More to come.
 - DPP Resolution/Report will be given to IJC on Health and Welfare and Family Services <https://legiscan.com/KY/bill/SJR7/2019>
- **6|18 2020 Initiative**
 - The first year of Kentucky being involved in the National 6/18 initiative was completed (Kentucky’s focus was Medicaid coverage of the National DPP). Kentucky was again invited to be part of the National 6/18 initiative 2020 with both Kentucky Medicaid and the Kentucky Department for Public Health leadership committing to continue their work regarding coverage of the National DPP by Medicaid. More news to come.

- **KY DPP Bi-Directional Referral with Providers Work**
 - Reita Jones shared that KDPCP is working to establish an electronic referral loop from provider offices to the National DPP organizations. This work encourages the development of processes whereby provider offices identify those with prediabetes to make referrals to National DPP organizations AND establish a way for National DPP organizations to report progress back to providers electronically. This project is happening now in the Lexington area with 2 provider offices and 2 National DPP organizations. There have been some successes so far, however, there is still some challenges with reading/accessing all documents bi-directionally. So far, more identification of prediabetes and referrals have been made.
- **DPP Awareness via Appalshop Project**
 - Julie Steber shared that KDPCP is also working with Appalshop to develop media materials/PSAs on DPP for Kentucky Appalachian providers. She thanked those on the call who may have contributed to those PSAs. The first round of PSAs have been drafted and are under review. They will be distributed via radio. Stay tuned for more news.

UPDATES / ANNOUNCEMENTS

- **Bluegrass Lions Club Diabetes Project Update**
 - Pat Ryan reported that they have performed 16 screening events in eastern/central Kentucky with 353 A1C blood glucose screenings completed (30% of those tested were in the prediabetes range of 5.7 or above). Screenings have also included 109 retinal images. 99.9% of the time, those that are being screened have no idea that they had a problem. Screenings are being based in the Lexington area but they are hoping to spread. Upcoming screenings include: 10/26 Walmart, 10/29 Harrison Memorial Hospital, 11/08 Falmouth, 11/13 Kentucky State University, 11/14 Mt. Sterling Hospital, 11/16 YMCA in Louisville, 11/21 Immanuel Baptist Church. They hope to do more screenings and bring in more data to get grant extended. Pat noted that they are hoping to set-up satellite hub centers so that other groups can conduct screenings on their own. They will be purchasing 2 additional retinal screening cameras. They are also working with several University of Kentucky student groups. They are still looking for more screening sites and would love to tie-in the Appalshop project. Pat noted that they are also interested in getting connected with more churches and YMCAs. They are seeking assistance on how to drive screening participants to DPP programs. Pat noted that they accept donations to Bluegrass Lions as every dollar donated is matched with \$3 from the National Lions Club Foundation. Contact Pat Ryan at: pat.bldp@gmail.com or 859.221.1041 for more information.
- **KY Employees' Health Plan Coverage / Solera Health Updates**
 - Julie Brown is on the Anthem account management team that supports the KY Employees' Health Plan (KEHP) DPP coverage which has been offering the National DPP as a full member paid benefit since 2015. Starting on September 1st, Anthem partnered with Solera to administer the DPP program which will hopefully allow DPP organizations to see an increase in DPP referrals and enrollment. See the attached Anthem/Solera FAQ handout with the Solera email address (alice.gerken@soleranetwork.com) for organizations interested in continuing to provide DPP for KEHP members. You may also email Julie at juliebrown@anthem.com.
- **YMCAs Report**
 - Janice reported that Krista could not be on the call as she was working on a large grant that was due but that Krista sent Janice an email wanting to give a shout-out to Humana CareSource for continuing important work to pilot the Medicaid MCO coverage of DPP. Krista noted that contracts with DPP organizations have been completed and now the participating provider offices were beginning to outreach their patients with prediabetes through letters, etc. to begin connecting them to DPP classes.
- **Kentucky Educational TV (KET) Documentary**
 - Laura Krueger sent Janice an update that the KET Documentary, "Undiagnosed: the Diabetes Epidemic", is expected to air late January 2020. The Documentary highlights interviews from

several notable speakers and DPP program perspectives including CDC's Dr. Ann Albright; Kentucky Department for Public Health's Dr. Connie White; Lion's Club Pat Ryan; Kentucky Council of Churches Rev. Don Gillett; Johnson County Health Department's Mary Beth Castle; Kroger pharmacist Brooke Hudspeth; DPP Coach Shellie Wingate; and Hazard's Diabetes Center of Excellence Mary Martin. KET would like to hear from others about what topics to address in the follow-up 30 minute program which will follow the Documentary. Contact lkrueger@ket.org with ideas.

- **KDN DPP Workgroup Report**

- Janice reported for Beth Ackerman and Jamie Lee, co-chairs of the workgroup that they continue to work with United Healthcare on the year-long billboard messaging campaign in 3 areas of the state. They are monitoring monthly placements of billboards and traffic counts. The Kentucky-made DPP PSA messaging campaign is being prepared for radio as well as television. This workgroup is also updating the KDN DPP webpage to serve as a resource page for the state (so let beth.ackerman@louisville.edu or jamiel.lee@lcdhd.org know what would be useful to have available).

- **University of Kentucky Report (see NEW UK listings)**

- Janice pointed out that the KY DPP listings now have contacts for the extension offices that will be providing DPP under UK's umbrella including Fayette, Knox, Scott, Washington, and Whitley counties.

- **AADE DPP Update**

- Angela Forfia shared that she gets as much from being on these calls as she offers. She noted that it was great to hear the MDPP success stories from their 12-12 AADE DPP funded sites. Angela mentioned that AADE will be doing a MDPP session at their national 2020 meeting and may like to possibly include successful sites in Kentucky. Also, Angela noted that AADE will be providing 3 mini grant opportunities for DPP organizations who are at preliminary or full recognition and who want to become a MDPP supplier. AADE also has some new online advanced lifestyle coach trainings available (on their website). Please send an email to DPP@AADE.net.org to find out more about grants and or to obtain DPP/MDPP mentorship.

- **DTTAC**

- Kayleigh Jones shared that Janice recently sent out a survey to KY DPP organizations to gather information about potential topics for advanced coaches learning/webinars for 2020. Thank you to those who participated. **Save the date** for two live webinar offerings **1/23/20 for Brilliant Beginnings** (covers retention and engagement in the first few weeks of the Lifestyle Change Program) and **3/26/20 for Wait, Wait, Don't Leave** (which explores ways to increase retention and outcomes). **These 2020 webinars will be sponsored by KDPCP and free to all of you.** Kayleigh also thanked Janice for all her work. Lastly, Kayleigh noted she will send the evaluation link for everyone to complete https://rsph.co1.qualtrics.com/jfe/form/SV_3EjxEb8d66g88UB .

Respectfully submitted,
Mackenzie Leonard with Janice Haile