

# Kentucky Diabetes Prevention Program (DPP) Workgroup Quarterly Conference Call

January 22<sup>nd</sup>, 2020 from 2:00pm – 3:30pm (Eastern) Conference Call Minutes

**46 Attendees (~56 users noted on Adobe Connect)**

**DTTAC Facilitators and DPP Hot Topic Presenters:** Kayleigh Jones, Mallory Stasko, Stephanie Gruss, Erin Landau

**KY Facilitators:** Theresa Renn, Andrea Doughty

**Attendees:** Amanda Blanton, Abby Hoffman, Alma Fink, Andrea Doughty, Angel Parker, Angela Forfia, Angela Parker, April Sandlin, Ashley Wilks, Candace Gurley, Carolyn Bullock, Carolyn Kerr, Chelsea Tabor, Christina Tincher, Corinne Rudd, Elizabeth Hancock, Erin Landau, Jamie Lee, Jennifer Largen, Jennifer Nachreiner, Jennifer Robinson, Julie Brown, Julie Steber, Kayleigh Jones, Kelly Dawes, Krista Fanelli, Leeann G Uebel, London Roth, Mallory Stasko, Margo Riggs, Mary Beth Castle, Nar Ramkissoon, Parker Hobson, Pat Ryan, Rachel Hardin, Reita Jones, Russelyn Cruse, Sarah Piper, Sheri Setser-Legg, Sherri Hoffman, Stephanie Gruss, Terri Flanigan, Theresa Renn, Brooke Hudson, Melissa Brown, Whitney Allen

*If you attended the call and are not listed, please notify: [andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov)*

**Attachments for Conference Call:** KY-DPP Call Agenda 1-22-20; WORKING KY DPP Orgs Nov – Dec 2019; KY DPP Meeting Minutes 10.23.19; All DTTAC Advance Webinars\_2020; The 411 on the DPRP\_Presentation Slides; KY DPP Orgs Nov-Dec 2019; KY Sponsored DTTAC Webinars Flyer

## WELCOME / INTRODUCTION

- **Welcome** – Theresa Renn welcomed everyone on the call and explained that the Kentucky DPP Conference Call occurs to assist Kentucky partners and organizations interested in and or providing DPP with an avenue to stay informed, connected, and share with each other. Theresa introduced Andrea Doughty, a new staff member with the Kentucky Diabetes Prevention and Control Program. Mallory Stasko from Emory University's Diabetes Training and Technical Assistance Center (DTTAC) served as the technical assistant for the conference call. Mallory explained how to interact with the webinar platform as well as how to download handouts for the meeting and note attendance in the roll call box.
- **DPP Hot Topic Presentation “The 411 on the DPRP”** – Mallory introduced the two hot topic presenters: Stephanie Gruss, PhD and DPRP Manager at the Centers of Disease Control and Prevention, and Erin Landau, DPRP Statistician
- **DPP Hot Topic and Business Meeting Recording / Link** – <http://emory.adobeconnect.com/pdxtuujt4gbw/>

## DPP HOT TOPICS PRESENTATION / DISCUSSION

- **411 on the DPRP:** Background information on the Diabetes Prevention Recognition Program (DPRP) and common data reporting errors to avoid.
- If you have any questions about the presentation or notes provided, please email Andrea ([andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov)) and we will forward your questions to Stephanie and Erin.
- **Presentation Overview [See Presentation Slide Handout for full details]**
  - **Overview of the Diabetes Prevention Recognition Program**
    - The DPRP ensures quality and fidelity to scientific evidence by recognizing organizations that meet the standards required to deliver an effective lifestyle change program.
    - Quality Standards, Technical Assistance, and Registry of Recognized Programs
  - **Three Categories of Recognition**
    - Pending

- Preliminary
    - Full
  - **Reporting Data to the DPRP**
    - All organizations must make a data submission every 6 months according to their data submission schedule.
    - Organizations will receive a report after each data submission.
    - Progress report if a full cohort(s) of data *is not* available
    - Evaluation report if a full cohort(s) of data *is* available
      - Full evaluation on complete cohort(s)
      - Progress on ongoing participants (those who began 7-12 months before evaluation)
      - Progress on new participants (those who began 1-6 months before evaluation)
    - All reports evaluate program results under the current Standards.
  - **Common Errors and How to Avoid Them**
    - If you have notes to add about a participant, email [dprpask@cdc.gov](mailto:dprpask@cdc.gov) - do not put notes in your data submitting to CDC.
    - Only include data for sessions attended for the participant
    - If someone becomes ineligible, change all data to a 2 – it tells CDC they are not able to participate
    - Do not get creative with coding, stick to the codes given
    - Do not allow a participant to retake the class with the same ID
    - Do not offer monthly sessions before completing the weekly sessions (16 sessions)
  - National DPP Customer Service Center: <https://nationaldppcsc.cdc.gov/s/>
    - DPRP Series of Short Webinars: <https://nationaldppcsc.cdc.gov/s/article/The-DPRP-Series-of-Short-Webinars>
  - New National DPP Promotional Video: <https://porternovelli.app.box.com/s/kqzmecl9m8lgh7ezzm6ei467uz659db>
- **Question and Answer**

*Q: Angela Forfia (ADCES): In the weeds question from AADE/ADCES If a site lets starts a LCP but lets Jane start week two and Joe and Mike start week 3, would their first sessions be coded as 1 C since it's Jane, Joe, and Mike's first session on their individual trajectory? Or would Jane be 2C and Joe and Mike be 3C? And, in both cases, how would weeks 1 (for Jane) and weeks 1 and 2 (for Mike and Joe) be indicated as make-up sessions?*

A: We have to remember that Session ID is class focused, not a count of participants' classes. Session ID is meant to be the count of the classes that you offer as a Lifestyle Coach. If Jane started at class offered 2, their Session ID would be 2. If they never make up the session, they will never have a 1 in their Session ID. If they do a make-up session, code it as MU for session type.

*Q: Angela Forfia (ADCES): No problem with Jane doing a make-up (1 MU) sequentially AFTER 2 C?*

A: No problem, the only requirement is that a core make up session must be made up during the core phase. The session ID up to 26 only applies to a core session. If a participant misses a core maintenance session and makes it up at a later time, the core maintenance session ID will always be 99.

## GENERAL ANNOUNCEMENTS

- **New KDPCP Staff**
  - Theresa Renn introduced Andrea Doughty, and explained her new role which replaces Janice Hale's position.
- **KY DPRP Organizations/Map**
  - **33** KY DPP organizations serving **120** counties (**62** counties served **in-person**)
  - **62** counties serviced by in-person DPP programs
  - **18** organizations have achieved **FULL CDC Recognition** (congratulations to new sites Coach Shellie's for ONLINE; Good Measures for Distance Learning; Todd County Health Department; WW (Weight Watchers® Reimagined); **7** organizations have achieved **PRELIMINARY CDC Recognition** (congratulations to new sites Franklin County Health Department); **8** organizations have **PENDING Recognition**)
  - **4** Medicare Diabetes Prevention Program (MDPP) Suppliers/Sites
- **DTTAC Updates**
  - Kentucky Diabetes Prevention and Control Program is sponsoring two DTTAC Advance Learning webinar topics to Kentucky Lifestyle Coaches for FREE! If you cannot attend the live webinar, still register to receive a recording for the live event. Be sure to view the webinar within 3 weeks of the live date.
    - Brilliant Beginnings on Jan. 23<sup>rd</sup>
    - Wait, Wait Don't Leave on March 26<sup>th</sup>
  - Virtual Lifestyle Coach Training spots are still available:
    - Contact Andrea ([andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov)) if you or someone you know is interested in completing Lifestyle Coach Training.
      - Andrea will send you an agreement form for the training.
      - Based on criteria, organizational capacity, and availability of spots, Kentucky Diabetes Prevention and Control Program will pay for your training with DTTAC
        - 2020 Virtual Training Dates offered by DTTAC:
          - Jan. 13<sup>th</sup> – Feb. 6<sup>th</sup>
          - April 6<sup>th</sup> – May 1<sup>st</sup>
          - July 6<sup>th</sup> – July 31<sup>st</sup>
          - Oct. 5<sup>th</sup> – Oct. 30<sup>th</sup>
- **KY DPP Updates**
  - Meal and Activity Trackers and Calorie King books available
    - Email Andrea ([andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov)) for free books
  - New Organizational profiles on DPRP site registry coming soon
    - [https://nccd.cdc.gov/DDT\\_DPRP/Registry.aspx](https://nccd.cdc.gov/DDT_DPRP/Registry.aspx)
- **KY DPP State Engagement Meeting (StEM) (Coverage Focus) 2020 Plans**
  - Will be convening a Leadership Council & four workgroups that focus on coverage for DPP (among Medicaid, Medicare, Private Insurers, and Employers). Will be reaching out in February to form the Leadership Council.
    - If you are interested in joining the Leadership Council or a workgroup, contact Andrea ([andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov))
- **6|18 2020 Initiative**
  - The first area of focus for 2020 is DPP Coverage
    - Working with CMS now to see how paying for Medicaid participants would benefit the state DPP efforts.
  - Contact Andrea ([andrea.doughty@ky.gov](mailto:andrea.doughty@ky.gov)) if you have experience with delivering the DPP in lower income areas, MDPP, and ideas on moving forward with coverage for this group.
- **DPP Awareness via Appalshop Project**
  - Parker Hobson ([cphobson@gmail.com](mailto:cphobson@gmail.com)) spoke on behalf of Appalshop, Inc, a non-profit media company.

- Appalshop is working with the state to promote the National DPP in eastern Kentucky, awareness of pre-diabetes and type 2 diabetes in the community, through a story telling approach and giving people a platform to tell their stories.
  - Audio PSAs; WMMT longer audio stories; mini-documentary series
  - A story bank with all stories and files will be publically available in the future
- Radio story on the DPP & Prediabetes in Eastern Kentucky, featuring voices from the Johnson County Health Dept. and Juniper Health:
   
<https://www.makingconnectionsnews.org/2020/01/preventing-diabetes-in-east-kentucky/>

## PARTNERUPDATES / ANNOUNCEMENTS

- **KY Employees' Health Plan Coverage / Solera Health Updates**
  - Julie Brown is on the account management team that supports the KY Employees' Health Plan which has been offering the DPP as a Medicaid benefit since 2015. Starting on September 1<sup>st</sup> 2019, Anthem partnered with Solera to administer the program for process efficiencies that will hopefully allow providers to see an increase in referrals and be able to enroll more members. To date:
    - 5,629 enrolled in a DPP program
    - 7 community based providers
    - 7 national virtual providers
  - Email Julie at [juliebrown@anthem.com](mailto:juliebrown@anthem.com) for questions or to become a part of the Solera network.
- **AADE DPP Update**
  - Angela Forfia shared that AADE has changed its name to the Association of Diabetes Care and Education Specialists (ADCES)
  - Current work has focused on 22 affiliate sites over 11 sates to assist priority populations like truck drivers and seasonal/migrant workers. Over 960 participants were enrolled in a DPP program last year.
  - Free webinar offering open for registration: [Strategies To Achieve 5% Weight Loss Goal for the National Diabetes Prevention Program](#)
- **KET Updates: New Documentary: *Undiagnosed: The Diabetes Epidemic***
  - **Monday, Feb. 24 • 9/8 pm ET**
  - Nearly half of Kentucky adults have either diabetes or prediabetes. But far too many don't know it. In a new documentary, KET shines a light on the alarming numbers of people with undiagnosed diabetes or pre-diabetes and shows how Kentuckians are working to reduce those rates. Currently, more than 30 million people nationwide have diabetes and 84 million have prediabetes, meaning that their blood sugar is higher than normal. Type 2 diabetes, often linked to one's diet and lifestyle, account for about 90 percent of all diabetes cases. And health officials say they're worried to be seeing type 2 diabetes in increasingly younger patients. But there's room for hope: With lifestyle changes and proper care and support, diabetes can be controlled and, in some cases, prevented or delayed, health officials say.
    - A studio discussion will follow the 30-minute documentary, hosted by Dr. Wayne Tuckson of Kentucky Health.
    - The program was funded in part by a grant from the Foundation for a Healthy Kentucky.
  - Laura Kruger offered to coordinate a local launch party, community watch, or other ideas to promote the documentary.
- **KDN DPP Workgroup Report**
  - Updating the KDN DPP webpage. Let Jamie Lee ([jamiel.lee@lcdhd.org](mailto:jamiel.lee@lcdhd.org)) know if you see any edits that need to be made.
  - Join the KDN Meeting in March
- **Bluegrass Lions Club Diabetes Project Update**
  - Pat Ryan reported Diabetes Day at the Capitol will be Wednesday, February 19th from 8-2 with a Rally at the Rotunda scheduled for noon.

- Bluegrass Lions Diabetes Project needs more A1C Screening Events! (They also provide Diabetic Retinopathy screenings)! Email Pat ([pat.bldp@gmail.com](mailto:pat.bldp@gmail.com)) if your organization can sponsor one of our FREE events.