

DPP Action Team

November 17, 2021 215-3p

Attendees- Danielle Augustin (chair), Janet Cowherd (co chair), Julie Steber, Jamie Lee and Beth Ackerman

Discussion:

- All 2021 goals met or significantly worked towards! Some goals (website & Medicare StEM) to be continued into 2022
- Symposium was a success with around 200 attendees!
- Ideas for end of this year/into 2022 - Addressing COVID challenges
 - Gather personal stories from people with diabetes – Danielle can wrap into her work at UKY to bypass some of the state folks' approvals/restrictions
 - Focus on physical activity to prevent Type 2 – we know this has been a challenge during COVID
 - Physical activity campaign – “Prevent Type 2 in 22”
 - At home workout options
 - Benefits of physical activity including mental/emotional health
 - Virtual 5k
 - Partner more with Pat & Lions Club
 - Offer screenings in conjunction with virtual 5k
 - Have KDN members training & volunteer at events
 - Have KDN members works to have Pat come do screenings at their organization