

# Proclamation

by

**Andy Beshear**  
**Governor**

of the

**Commonwealth of Kentucky**



## *To All To Whom These Presents Shall Come:*

- WHEREAS, 34.1 million American adults are estimated to have diabetes (diagnosed and undiagnosed), including nearly 464,000 Kentuckians (13%) who report that they have diabetes, ranking Kentucky 7th in the United States for the prevalence of diabetes, a serious disease that has no cure; and
- WHEREAS, An additional nearly 112,000 adult Kentuckians are estimated to be living with undiagnosed diabetes (based on the national rate), and 317,642 adult Kentuckians (11.2%) report being told they have prediabetes - a condition that puts them at increased risk for developing type 2 diabetes, although the number with prediabetes in Kentucky may be as high as 1.1 million; and
- WHEREAS, Diabetes is the 6th leading cause of death by disease in Kentucky and in the nation, Kentucky has the 4h highest diabetes mortality rate in the nation, and diabetes can be associated with complications that threaten both length and quality of life such as blindness, heart disease, kidney failure, stroke, and leg or foot amputations; and
- WHEREAS, Diabetes costs Kentucky over \$5 billion in total medical expenditures, lost work, and lost wages each year; and
- WHEREAS, An increase in community awareness of risk factors and symptoms related to prediabetes and diabetes, as well as evidence-based interventions that can improve outcomes and quality of life among those with and at risk for diabetes, and can increase the likelihood that individuals will seek out education, support, and treatment early in the course of the disease; and
- WHEREAS, Structured lifestyle change programs such as the National Diabetes Prevention Program have been proven to prevent or delay type 2 diabetes in adults with prediabetes; and accredited/recognized Diabetes Self-management Education and Support programs that support appropriate self-care and behavior change strategies critical to managing diabetes have been shown to improve diabetes outcomes;

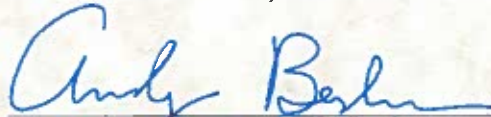
NOW, THEREFORE, I, ANDY BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim February 16, 2022, as

## **DIABETES DAY**

in Kentucky.



DONE AT THE CAPITOL, in the City of Frankfort the 9<sup>th</sup> day of February, in the year of Our Lord Two Thousand Twenty-Two and in the 230<sup>th</sup> year of the Commonwealth.

  
ANDY BESHEAR  
GOVERNOR

  
Michael G. Adams  
Secretary of State