

JOIN US!



PREVENT TYPE 2 DIABETES IN 2022



A YEAR-LONG AWARENESS CAMPAIGN FOR KENTUCKIANS AT RISK FOR DIABETES

- Type 2 diabetes may be prevented or delayed through healthy lifestyle changes.
- Join us to increase diabetes awareness and support Kentuckians in practicing healthy habits.
- Be sure to check our website for wellness resources, activities, and information throughout the year.
- Participate in the campaign to receive a free Prevent T2 in '22 t-shirt upon request and join us for our virtual 5k in November (details to follow).



#PreventType2in2022
#KDN

Take a risk test at: [Dohaveprediabetes.org](https://www.dohaveprediabetes.org)