

Diabetes Care Flow



KENTUCKY DIABETES NETWORK, INC.

This flow sheet indicates minimum services to be provided in the continuing care of persons with diabetes, according to recognized standards of care. It is not intended to preclude more intensive evaluation and management where medically indicated. This tool is based on the American Diabetes Association Standards of Medical Care in Diabetes—2016.¹

Patient Name: _____ DOB: _____ ID#: _____

Type of Diabetes: 1 2 Year of Diabetes Diagnosis: _____ Date of Visit: _____

	YES/NO	RESULTS	ACTION TAKEN
EVERY VISIT	Weight		
	A1C Hemoglobin every 3-6 mo*		
	Review Self-Monitoring Blood Glucose Log		
	B/P (Goal <140/90 mm Hg; consider <130/80 mm Hg in select patients)		
ANNUAL	Foot Exam Visual		
	Foot Exam (eg, sensation, structure, biomechanics, vascular, skin integrity)		
	Urinary Microalbuminuria		
	ASCVD Risk		
	Fasting Lipid Profile		
	LDL (____ mg/dL)		
	HDL (Goal Men >40 mg/dL, Women >50 mg/dL)		
	Triglycerides (Goal <150 mg/dL)		
	Dilated Eye Exam (C <input type="radio"/> P <input type="radio"/> R <input type="radio"/>)†		
	Flu Vaccine		
Waist Circumference (Goal Men <40", Women <35")			
COUNSELING	Self-Management Education (C <input type="radio"/> P <input type="radio"/> R <input type="radio"/>)†		
	Nutrition Therapy (C <input type="radio"/> P <input type="radio"/> R <input type="radio"/>)†		
	Exercise/Physical Activity Therapy (C <input type="radio"/> P <input type="radio"/> R <input type="radio"/>)†		
	Smoking Cessation		
	Preconception Counseling		
OTHER	Recent Severe Hypoglycemia		
	Recent Diabetic Ketoacidosis		
	Vaccinations (Please specify)		
	Hospitalizations (Please specify)		
	Other (Please specify)		
	Additional Comorbidities		

* Goal A1C <7%. More or less stringent glycemic goals may be appropriate for individual patients (eg, <8% may be considered for seniors and patients with comorbidities).

† Circle C for Counseled, P for Performed, or R for Referred.

Next Steps: _____

Reference:

1. American Diabetes Association. Standards of Medical Care in Diabetes—2016. *Diabetes Care*. 2016;39(suppl 1):S1–S112.

